



List of Things to Bring

Clothing

- Warm pyjamas
- Slippers (not allowed to walk with your shoes in the Jericho House)
- Indoor / outdoor gym shoes
- Boot (Trail walk)
- Warm coat- Sweaters
- Warm socks: 1 per day plus 1 extra
- Long-sleeved shirt
- Tuque
- Mittens
- Scarf

Personal:

- Bible & Agpeya.
- **Health Card.** To be handed to one of the servants.
- Toothbrush and toothpaste
- Prescribed personal medication (if required)
- Wavier and Consent (download from church web site)
- Small allowance. \$20 may be needed in case if we play the indoor skydiving.

Do:

- Bring a smile and a good attitude
- Bring comfortable clothes
- put your name in/on all belongings that you bring

Don't

- **don't bring** knives or sharp objects
- **don't bring** valuables which may be lost

God Bless