



Live in peace



WWW.SMFSUS.ORG

Kindergarten

HIS HOLINESS POPE TAWADROS II



**118TH POPE OF ALEXANDRIA AND
PATRIARCH OF THE SEE OF SAINT MARK**



Live in Peace

Table of Contents

	Page
St. Mark's Festival Anthem- Live in Peace	2
My Peace is a Gift from God – Our Lord Jesus Christ Calms the Storm	3
My Peace is From My Lord and Savior – King Constantine and the Power of the Cross	6
My Peace is in My Church – The Sacrament of Baptism and the Sacrament of Confirmation	10
I Live Peacefully – The Miracle of Moving the Mokattam Mountain	13
I Share My Peace With Those Around Me – Baby Moses	17
Peace in My Home – Adam and Eve and The Sacrament of Marriage	21
Memorization	24
Coptic	25
Hymns & Rituals	32

Visit the St. Mark Festival's website at www.smfsus.org
to find the material for the festival and
for guidelines and information on the tests



Live in Peace

St. Mark's Festival 2022 Anthem

When we're planting love and goodness
Peace is what we'll always reap
We're not worried if days are evil
The Lord won't slumber nor sleep x2

Church is an Ark where souls are saved
No matter what hardships we face
Her Sacraments will help us always
Grow in faith and dwell in grace x1

At His word I'd walk on water
Strong in faith and firm in Doctrine x2
I will follow His commands x1

With God joy will never cease
And His Spirit gives us peace. x2

And His Spirit gives us peace. x1

My Peace is a Gift from God

Our Lord Jesus Christ Calms the Storm

Mark 4:35-41

The story of our Lord Jesus Christ calming the storm teaches us that we should always be at peace because our Lord Jesus Christ is always with us.

Our Lord Jesus Christ had 12 disciples. The disciples were happy and felt at peace because they were always with our Lord Jesus Christ. They were able to listen to all the stories that He taught.

One day, our Lord Jesus Christ was at the Sea of Galilee, teaching many people from a boat. The people stood on the land listening to Him. They loved to listen for long hours and learn from our Lord Jesus Christ.

When all the people left, our Lord Jesus Christ asked His disciples to take Him to the other side of the Sea of Galilee in their boat.

Our Lord Jesus Christ was very tired from teaching all day. He went to the back of the boat, put His head on a pillow, and went to sleep.



Suddenly, there was a very big storm! It started to get very windy, there was a lot of rain, the waves were very high, and the sound of the thunder was so loud. The disciples were afraid; they didn't know what to do. They went to the back of the boat and woke up our Lord Jesus Christ and said, "Lord save us!"

Then something amazing happened; our Lord Jesus Christ told the wind and waves, "Peace, be still!" Our Lord Jesus Christ is the creator of everything, so only He can stop this storm.



As soon as our Lord Jesus Christ spoke: the wind, the rain, and the waves obeyed the words of the Lord, and everything became very calm.

Our Lord Jesus Christ asked the disciples why they were afraid. They should always feel safe and at peace because our Lord Jesus Christ is always with them.

Our Lord Jesus Christ is always with us.
We should always feel His peace as our
Lord Jesus Christ teaches us.

"My peace I give to you" (John 14:27)



Color the Picture

Our Lord Jesus Christ Calms the Storm



"My peace I give to you" (John 14:27)

My Peace is From My Lord and Savior

King Constantine and the Power of the Cross

Synaxarion of the 28th day of the Coptic Month of Paremhotep (April 6)

The story of King Constantine and the power of the Cross teaches us that we can find peace in the Holy Cross because on it we were saved.

A long time ago, there was a king named King Constantine the Great. He was very kind, and everyone loved him. He wasn't Christian, so he didn't know what the Cross meant.

One day, King Constantine and his army went to help win a war.



While he was there, he looked up in the sky and saw something amazing. He saw a bright cross in the sky; the cross was brighter than the sun. He also saw the words, "with this, you will win."

Everyone saw the cross, but they didn't know what it meant. King Constantine asked someone what the cross meant. He learned that our Lord Jesus Christ is our Savior because He died on the cross, rose from the dead, and saved us.

That night, an angel appeared to King Constantine and said, "make a sign just like the one you saw in the sky; it will help you win."



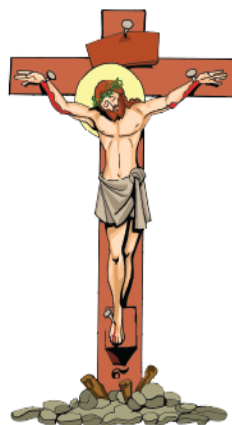
The next morning, the king obeyed. He made a large flag with a cross on it and put it on every soldier's uniform.

He went into the city with the flag with a cross on it, and they won the war. Everyone was very happy because they saw the power of the Cross and how it helped them.

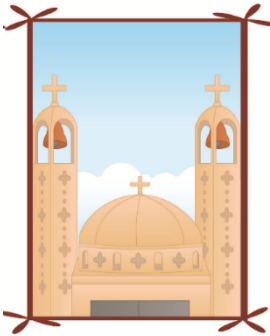
King Constantine was baptized and became a child of God.

The cross is powerful to all of God's children. The cross is a great blessing and brings peace to any place. It keeps us safe and can help you with any problem.

"But God forbid that I should boast except in the cross of our Lord Jesus Christ" (Galatians 6:14)



Where can we find the cross in the church?



There is a cross on top of the bell towers of the church:
This shows everyone that we listen to and follow the words of our Lord Jesus Christ, who was crucified on the cross for us.

There is a cross above the doors of the altar:
A cross is high above the altar, in the middle of all the icons of the saints. This reminds us that the cross opened heaven for us. There are many saints in heaven, and we always ask them to pray for us.



Our father the priest holds a cross in his hand:
The priest prays all the prayers with a cross and blesses the people with it. We kiss the cross and take a blessing.

The deacons go around the church with a cross:
The deacons sing praises because they are happy that our Lord Jesus Christ, our Savior, saved us with the power of the cross.



Where else can you find the cross in the church?





Color the Picture

The Cross

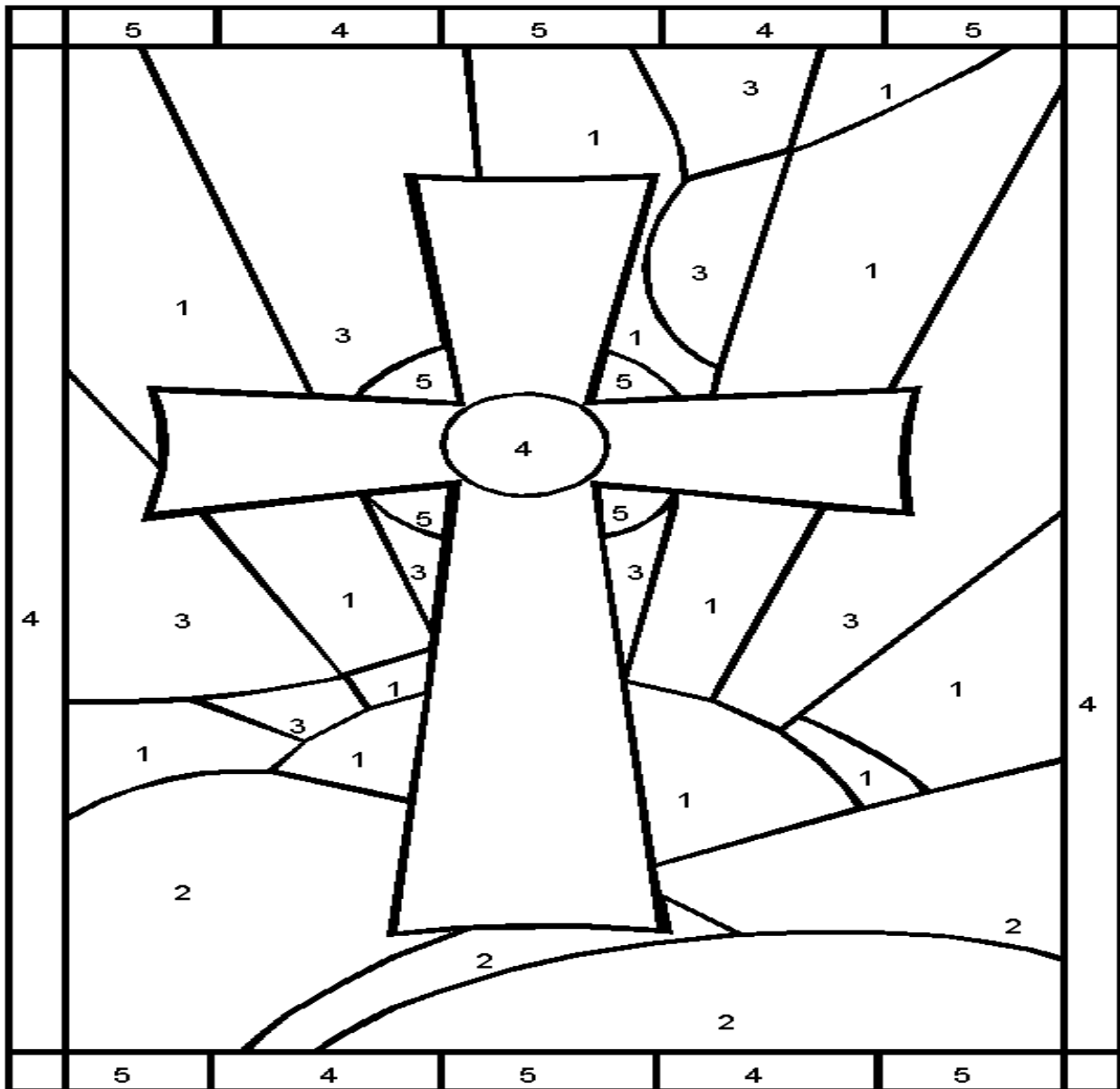
1- Yellow

2- Green

3- Blue

4- Purple

5- Red



"But God forbid that I should boast except in the cross of our Lord Jesus Christ" (Galatians 6:14)

My Peace is in My Church

The Sacrament of Baptism and the Sacrament of Confirmation

Learning about the Sacrament of Baptism and the Sacrament of Confirmation teaches us that the children of God have peace.

The Sacrament of Baptism

The priest baptizes the baby by putting them under the water 3 times saying, "In the name of the Father and the Son and the Holy Spirit." The baby is born again. Their sins are forgiven, and the baby becomes a child of God.



The Sacrament of Confirmation

After the baby is baptized, the priest anoints the baby 36 times, all over their body, with the holy Myron oil. The priest anoints the head, eyes, ears, nose, mouth, chest, back, hands, and feet. After the body is anointed, each part of the body becomes holy and belongs to our Lord Jesus Christ.



Everything we do should make God happy and please Him.



We use our eyes to look up to pray to Him.



We use our ears to listen to the Word of God in the Holy Bible.



We use our mouths to sing praises and hymns to our Lord Jesus Christ.



We use our hands to serve and help others.



We use our feet to go to church.

Everyone who does what pleases our Lord Jesus Christ and makes Him happy will have peace in their heart.

“For He Himself is our peace” (Ephesians 2:14)

Color the Picture

The Sacrament of Baptism



"For He Himself is our peace" (Ephesians 2:14)

I Live Peacefully

The Miracle of Moving the Mokattam Mountain

Synaxarion of the 18th day of the Coptic Month of Hathor (November 27)

The miracle of moving the Mokattam Mountain teaches us to live in peace even when we have a big problem.

In Egypt, there is a huge mountain called "The Mokattam Mountain." This is a real mountain that is still in Egypt. Today, it has a beautiful church where many people go to pray.

A long time ago, there was a governor in Egypt who made all the rules. This governor had an adviser who didn't like Christians and wanted to punish them.

The adviser found a verse in the Holy Bible that said:

"if you have faith as a mustard seed, you will say to this mountain, 'Move from here to there,' and it will move" (Matthew 17:20)

He went to the governor with a plan to ask the Christians to move the mountain, just as it says in the Holy Bible.

The governor agreed and called for Pope Abraam. He told the Pope, "Use your faith to move the mountain outside of the city. If you can't move the mountain all the Christians will be punished."



This was a big problem! Pope Abraam had peace in his heart, so he wasn't worried. He knew God would help him no matter how big the problem was. He asked all the Christians to fast and pray for 3 days.

On the third day, St. Mary appeared to Pope Abraam and told him not to worry because our Lord Jesus Christ heard their prayers.



St. Mary told the Pope about a holy man named St. Simon the Tanner. His prayers would help them move the mountain.

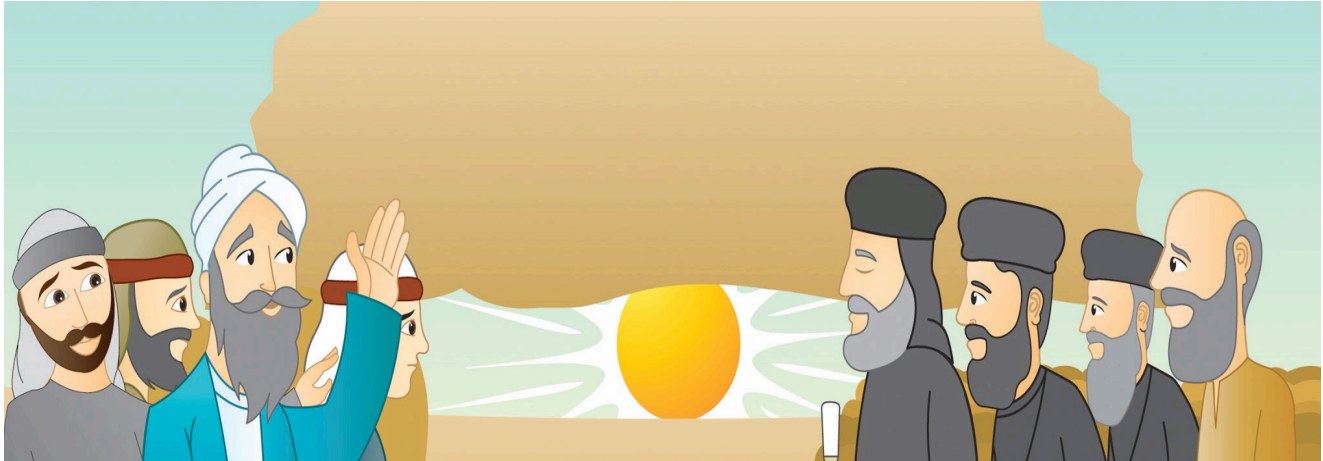
The Pope found St. Simon the Tanner. St. Simon was a holy man who loved to serve the sick and older people. The Pope asked him to help move the mountain.



Pope Abraam, St. Simon, and all the Christians stood in front of the mountain and prayed a Liturgy. After the Liturgy, all the people kneeled and said: "Lord have mercy" with a strong voice and made the sign of the cross. They did this 400 times!

Each time they said, "Lord have mercy," the mountain moved.

When the Pope made the sign of the cross in front of the mountain, it rose so high that everyone could see the sun under the mountain. Their faith was able to move the mountain from one place to another.



This miracle showed the governor and adviser that the verse in the Holy Bible was true. It also showed everyone that our Christian faith is strong and true.

The Christian people were saved because
they all prayed together.

This miracle shows us when we have faith and pray to God,
we have peace because He hears our prayers.

As the Holy Bible says:

“...pray to Me, and I will listen to you” (Jeremiah 29:12)





Color the Picture

St. Simon the Tanner



"...pray to Me, and I will listen to you" (Jeremiah 29:12)

I Share My Peace With Those Around Me

Baby Moses

Exodus 2:1-10

The story of baby Moses teaches us that when we care for one another we have peace.

A long time ago, there was a young girl named Miriam. She was one of God's children. She had a brother named Aaron, and her mother was going to have another baby. They lived in Egypt.



At that time, Pharaoh, the king of Egypt, did not like God's people, the children of Israel. Every day the people of God became more and more. Pharaoh was worried that the people of God would be stronger than the people of Egypt. He made a rule that if anyone had a boy, they must put the baby in the Nile River.

Miriam's mom had a beautiful baby boy. She hid the baby for 3 months until she couldn't hide him anymore. She had faith in God and had an idea. She made a basket to keep the baby safe, covered him with a blanket, and placed him in the Nile River near the tall grass.



Miriam hid close by and watched the baby. She saw the princess, Pharaoh's daughter, go into the water towards the basket.



Pharaoh's daughter uncovered the basket and found a beautiful baby boy crying. Pharaoh's daughter knew that this baby was one of God's people.

When Miriam saw what happened, she ran to Pharaoh's daughter and asked if she wanted to find someone to help her and feed the baby. Pharaoh's daughter thought that was a great idea!

Miriam ran back happily to her mother and told her what happened. Miriam quickly brought her mother to Pharaoh's daughter.

When Pharaoh's daughter saw her, she asked Miriam's mother to feed and care for the baby.



Miriam and her mother were so happy. She took the baby, cared for him, and taught him everything about God. When the baby grew up, she returned him to Pharaoh's daughter.

The baby became her son. She named the baby Moses because it means, "I pulled him out of the water."

This story shows us how to have peace with our brothers and sisters. Miriam helped and cared for her younger brother.

When we help others and have peace,
God will take care of us as He promised.

"The Lord thinks upon me" (Psalm 40:17)





Color the Picture

Baby Moses



"The Lord thinks upon me" (Psalm 40:17)

Peace in Our Home

Adam and Eve and the Sacrament of Matrimony

Genesis 1:26-31

The story of Adam and Eve teaches us that by following God's commandments we have peace in our homes.

Adam and Eve

God created everything in the world.

After everything was created, He wanted someone to care for and enjoy His creation. God created a man named Adam.

God did not want Adam to be alone, so he created a woman from the rib of Adam's side.

He named the woman Eve. God made the first woman and brought her to Adam to be his wife.

Adam and Eve were the first husband and wife.

God loves us and wants us to be happy. God created a husband and wife to love, care and help one another.



The Sacrament of Matrimony

One of the Sacraments of our Church is the
Sacrament of Matrimony.

This Sacrament is when a man and a woman get married.
They come to the Church and stand in front of the altar.

The priest prays for them, the Holy Spirit comes upon them,
and they become one.

They live together in peace following
the Lord Jesus Christ and His commandments.

Together they serve God and start a family.

When we do what God teaches us, we will live in peace.

"A man shall leave his father and mother
and be joined to his wife" (Genesis 2:24)



Color the Picture

The Sacrament of Matrimony



"A man shall leave his father and mother
and be joined to his wife" (Genesis 2:24)

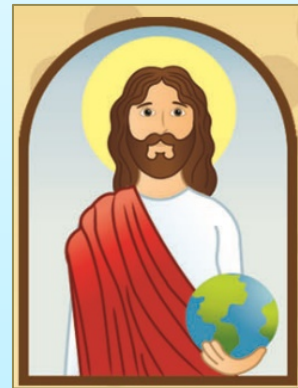
Memorization

1. "live in peace" (2 Corinthians 13:11)

2. The Third Hour of the Agpeya (Terce)

Litanies 5 & 6

5. Just as You were with Your disciples,
O Savior, and gave them peace,
graciously come also and be with us,
and grant us Your peace,
and save us,
and deliver our souls.



6. Whenever we stand
in Your holy sanctuary,
we are considered standing in heaven.
O Theotokos,
you are the gate of heaven;
open for us the gate of mercy.



Coptic

Coptic Alphabet

Know the shape and name of the letter

Letter	Name of Letter	Pronunciation	Letter	Name of Letter	Pronunciation
Ⲁⲁ	Alpha	A	Ⲡⲡ	Pee	P
Ⲃⲃ	Veeta	B, V	Ⲣⲣ	Ro	R
Ⲅⲅ	Gamma	G, N, Gh	Ⲇⲇ	Seema	S, Z
Ⲉⲉ	Delta	D, Th (the)	Ⲋⲋ	Tav	T
Ⲍⲍ	Eyy	E	Ⲏⲏ	Epsilon	V, I, (oo)
ⲏⲐ	So-oo	number 6	Ⲓⲓ	Fey	F
Ⲕⲕ	Zeeta	Z	ⲕⲌ	Key	K, Kh, Sh
Ⲏⲏ	Eeta	Ee	Ⲑⲑ	Epsee	Ps
Ⲓⲓ	Theeta	Th (think), T	ⲓⲔ	O-Long	Oo
ⲕⲌ	Yota	I, Y	ⲕⲌ	Shai	Sh
Ⲍⲍ	Kappa	K	Ⲏⲏ	Fai	F
ⲏⲐ	Lavla	L	Ⲑⲑ	Khai	Kh
Ⲓⲓ	Mey	M	Ⲕⲕ	Hori	H
Ⲕⲕ	Ney	N	Ⲏⲏ	Ganga	G, J
ⲏⲐ	Eksee	Ks	Ⲓⲓ	Cheema	Ch
Ⲍⲍ	O-Short	O	Ⲋⲋ	Tee	Tee

In the Church



Ουρηβ

Priest



Διακων

Deacon



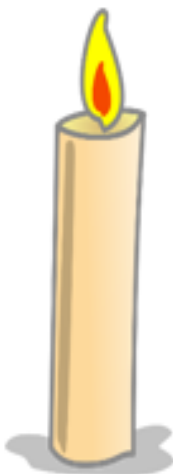
Ἄφουτ

Chalice



Ἐρηρ

Patten



Πορλε

Candle



Ψκελκιλ

Bell

On my face



Βαλ

Eye



Μαυχ

Ear



Ψαι

Nose



Ρω

Mouth



Λαc

Tongue



Ηαχδι

Teeth

Fruits



Φεῶ

watermelon



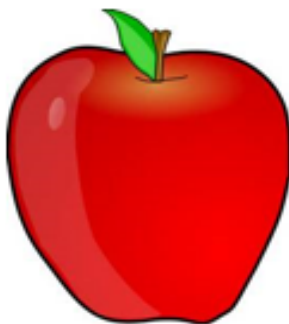
Αλολι

grapes



Αλλωκι

banana



Χεαφεε

apple

Conversation



Boy

Ду пе пекран?

What is your name?

Girl

Ду пе перан?

What is your name?

Паран пе _____
My name is _____

The Sign of the Cross

Ἐν ᾠφραν	In the name
ἡφρωτ	of the Father
νευ	and
Ἰωηρι	the Son
Νευ Πιπνευμα Ἁοοαβ	and the Holy Spirit
Ουνοϋϋ	one
Ἦορωτ	God
Ἄμεν	Amen



Verses from the Holy Bible

Ἦωπι ἡβιρηνη Live in peace

Ἦνοϋϋ οὔααλη πε God is love

Ἄνοκ πε ἡπερῆρωϋ It is I, do not be afraid

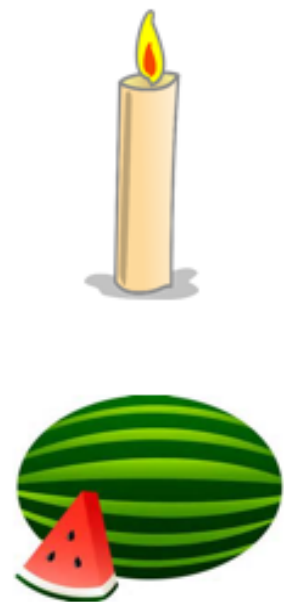
Ραωι ἄεν Ἰβοις ἡνοοϋ ηιβεν

Rejoice in the Lord all the time

Let's Review

Fruits		At Church		On My Face	
Φεδ	Watermelon	Ουηβ	Priest	Βαλ	Eye
Αλολι	Grapes	Διακων	Deacon	Υαυχ	Ear
Αλλωκι	Banana	`Αφοτ	Chalice	Ψαι	Nose
Χεμφεε	Apple	`Θρηρ	Patten	Ρω	Mouth
		Ύουλε	Candle	Λαε	Tongue
		Ψκελκιλ	Bell	Μαχει	Teeth
Αυ πε πεκραν? What is your name? (boy)			Παραν πε .. My name is		
Αυ πε περαν? What is your name? (girl)					

Match the picture to the correct word.



Hymns & Rituals



Hymn of the Intercessions – Pope/Bishop Verses

Rites: In this hymn, we ask for the intercessions and prayers of all the saints.

We pray that the Lord takes care of our beloved fathers,
His Holiness Pope Tawadros II and His Grace Bishop Youssef.

Through their prayers, keep the life of our honored father, the archpriest,
Pope Abba Tawadros.
O Lord, grant us the forgiveness of our sins.

ΘΙΤΕΝ ΝΟΥΕΥΧΗ ΑΡΕΣ ΕΠΩΝΘ
ΜΠΕΝΙΩΤ ΕΤΤΑΙΗΟΥΤ ΗΑΡΧΙΕΡΕΥΣ
ΠΑΠΑ ΑΒΒΑ ΤΑΩΑΔΡΟΣ:
ΠΒ ΟΙΣ ΑΡΙΘΜΟΥΤ ΝΑΝ ΜΠΙΧΩ ΕΒΟΛ
ΗΤΕ ΝΕΝΝΟΒΙ.

Through their prayers, keep the life of our honored and righteous father,
Abba Youssef the bishop,
O Lord, grant us the forgiveness of our sins.

ΘΙΤΕΝ ΝΟΥΕΥΧΗ ΑΡΕΣ ΕΠΩΝΘ
ΜΠΕΝΙΩΤ ΕΤΤΑΙΗΟΥΤ ΗΔΙΚΕΟΣ
ΑΒΒΑ ΙΩΣΗΦ ΠΙΕΠΙΣΚΟΠΟΣ:
ΠΒ ΟΙΣ ΑΡΙΘΜΟΥΤ ΝΑΝ ΜΠΙΧΩ ΕΒΟΛ
ΗΤΕ ΝΕΝΝΟΒΙ.



His Holiness Pope Tawadros II



His Grace Bishop Youssef



Visit the St. Mark Festival's website at

www.smfsus.org

to find the material for the festival and for guidelines
and information on the tests