



**Coptic Orthodox Patriarchate**  
**The Coptic Orthodox Diocese of Mississauga, Vancouver and Western Canada**  
**St. Mina Coptic Orthodox Church**  
**Hamilton, Ontario, Canada**

**Prayers accompanied by kneeling as part of our personal  
Prayer at home on the morning of every day of the Great Lent for the year 2023**

- ❖ **O my Lord Jesus Christ, the Son of God, Who fasted for my sake,**  
keep the peace of the one holy Catholic and apostolic church.
- ❖ **O my Lord Jesus Christ, the Son of God, Who fasted for my sake,**  
Keep the life of our father **The Patriarch Pope Tawadros the 2<sup>nd</sup>,**  
his partner in liturgy **His Grace Bishop Mina,** our fathers the Metropolitans, the Bishops,  
the Priests and the monks, and our brethren the Deacons. Support them all in their service.
- ❖ **O my Lord Jesus Christ, the Son of God, Who fasted for my sake,**  
Remember and heal the sick of Your people, save those who are troubled and those who are in  
hardships. Those who are sadden and in sufferings, grant them peace and fill their hearts with joy  
and gladness. The widows and orphans support them.
- ❖ **O my Lord Jesus Christ, the Son of God, Who fasted for my sake,**  
Remember the stray and the unbelievers, bring them back, and reveal Your love to all people.
- ❖ **O my Lord Jesus Christ, the Son of God, Who fasted for my sake,**  
Give me to forgive those who trespass against me. Grant me a Holy and acceptable fast before  
you. Support me in my struggle for salvation, and have mercy on me, your sinful servant.

*"It is written, 'Man shall not live by bread alone, but by every word that proceeds from the mouth of God.'"*  
**Matthew 4:4**

*"Man shall not live by bread alone; but man lives by every word that proceeds from the mouth of the Lord."*  
**Deuteronomy 8:3**

(Additional prayers and kneeling may be added as per the needs of each individual, only with the prior arrangement  
with the father of confession)

**Appropriate readings from the Holy Bible during Great Lent:**

Book of Judges - First Samuel - Second  
Samuel - Book of Ezra - Book of Nehemiah  
- Book of Barokh

Gospel of John - First Epistle to Timothy - Second  
Epistle to Timothy - First Epistle of John - Second  
Epistle of John - Third Epistle of John - Epistle of Jude

**Please Note:** Three chapters are to be read each day from Monday February 20<sup>th</sup> up to and including  
Lazarus' Saturday on April 8<sup>th</sup>.